

Please respect the following etiquette:

- ❖ **Appointments** are required and are subject to availability / on line or by a phone booking
- ❖
- ❖ **24-hour cancelation policy**, or next appointment will be additional charge \$27.50
- ❖
- ❖ **Arrive 10 minutes** before the session for registration/Covid bar code/
- ❖
- ❖ **Please drink water before and after** your session, no food or drinks are allowed in the rooms
- ❖
- ❖ Adult Supervision - you can go in with your little one younger then 12 years old - **Free**
- ❖
- ❖ Salt room temperatures are between 18-21C, **dress up** accordingly, light colours recommended (dark ones will be all sprinkled with powdery salt) children need to wear clean socks.
- ❖
- ❖ We provide shoe/socks **covers** to wear during the therapy for the first visit then you need to bring it with you each time (avoid polluting environment with waste of coverings)
- ❖
- ❖ Salt Therapy is recommended from the **age of 6 months to old age**, to expecting mother
- ❖
- ❖ You can wear **contact lenses** during the session because they don't interfere with salty air, any **cut on your skin** need to be covered/with bandage or it will sting
- ❖
- ❖ All mobile, tablet devices should be on **airplane mode** and at minimum please refrain from phone conversations and talking
- ❖
- ❖ Please **do not touch the salt walls**
- ❖
- ❖ Please **do not move/rearrange furniture** unless discussed prior to your session
- ❖
- ❖ Please help kids **clean up** all toys when session is finished
- ❖
- ❖ Please place **all used tissues in the plastic bags** given to you and place to our bathroom waste bin

Thank you and enjoy your session